



Klinično in raziskovalno izpopolnjevanje v
Hôpital de la Tour pri dr. Alexandru
Lädermannu

Dr. Alexandre Lädermann

Marko Nabergoj

SECEC



ESSSE



SECEC travelling fellowship – November 2019

Eastern Europe Travelling Fellowship 2020

Dear Colleagues,

We are starting new initiative in education of young surgeons in Eastern Europe willing to focus on shoulder and elbow.

SECEC together with support of Arthrex have managed to establish Eastern European travelling Fellowship generously supported by Arthrex.

The fellowship will be awarded to surgeons from Eastern Europe this year. The teaching program will cover travelling to 4 SECEC host centers for a period of 2-3 weeks.

For further information please email our central office sececoffice@gmail.com.

Past Winners

2019 K. Schandl - M. Nabergoj



Združenje ortopedov SZD

Slovensko zdravniško društvo - Združenje ortopedov
Slovenian Medical Association - Slovenian Orthopedic Society

SECEC travelling fellowship – November 2019

Dr. Alexandre Lädermann
(Ženeva, Švica)



Dr. Jean Kanny
(Toulouse, France)



Prof. Dr. Przymeslaw Lubiatowski
(Poznan, Poljska)



Prof. Dr. Mehmet Demirhan
(Istanbul, Turkey)





SECEC travelling fellowship – November 2019

- ISIS maj 2020



Zdravstvo

[Slovenski zdravstveni sistem in možnost uvedbe svobodnega zdravnika specialista](#)

Boštjan Kušar, Dragica Maja Smrke, Mojca Bernik

[Uporaba komplementarnih in alternativnih metod zdravljenja v zdravniški praksi v Sloveniji](#)

Goran Berghaus, Tit Albreht

Mladi zdravniki

[Obisk štirih evropskih centrov odličnosti za kirurgijo ramena in komolca](#)

Marko Nabergoj

- <https://www.secec-essse.org/eastern-europe/ee-travelling-fellowship/>



Junior SECEC Committee

Član Junior SECEC komisije – 6 perspektivnih mlajših kirurgov za ramo in komolec

- OSES – Online Shoulder and Elbow School
- Podkast

The screenshot shows the SECEC website's navigation bar at the top, followed by a red banner with the text "Online Shoulder and Elbow School". Below the banner, a paragraph explains the purpose of the school, mentioning the Junior Committee's organization of the Online Shoulder and Elbow School (OSES) to create a community of surgeons interested in shoulder and elbow pathology.

In order to create a community of surgeons interesting in shoulder and elbow, motivate young surgeons and learn for senior surgeons and their experience, the Junior Committee has organized the Online Shoulder and Elbow School (OSES).

The OSES is based on a series of online case-discussion between young and senior surgeons regarding shoulder and elbow pathologies that young surgeons should not miss in their daily practice. Meetings will be performed the second week of each month. The connection will be free and available to all those who want to join the meeting. OSES will be recorded and upload in Junior Committee SECEC website.

The screenshot shows the SECEC website's "Junior Committee" section. It features the SECEC logo and the text "Société Européenne pour la Chirurgie de l'Epaule et du Coude" and "European Society for Surgery of the Shoulder and the Elbow". Below this, there are sections for "Chairman" and "Members", each listing names and countries.

Chairman:

- Joanna Walecka (Poland)

Members:

- Michael Künzler (Switzerland)
- Matthis Jacxsens (Belgium)
- Natalia Martinez Catalan (Spain)
- Marko Nabergoj (Slovenia)
- Marvin Minkus (Germany)



Zakaj fellowship?

- Širjenje obzorja
- Doprinos novega znanja, filozofije
- „Social networking“



Izhodiščni cilji

- 1. CILJ: Maksimalni možen napredek v kliničnem znanju in kirurških tehnikah
- 2. CILJ: Napisati 1 članek/teden



Dr. Alexandre Lädermann

- Predsednik Švicarskega združenja za ramo in komolec
- Pubmed: 144 articles published
- 550 op. posegov/leto
- Opravil je fellowshipe pri:
 1. Stephen Burkhart
 2. Gilles Walch
 3. Christian Gerber
 4. Pierre Hoffmeyer



„Every patient has to be part of a study“.



Hopital de La Tour



Clinique La Colline



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Švicarski Olimpijski medicinski center



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- zagotavlja visoko raven strokovnega znanja ter priznanih izkušenj pri svetovanju in zdravljenju športnikov tako na nacionalni kot na mednarodni ravni.





»Patient-centric healthcare«

- Omenjeni bolnišnici sta opremljeni z najnovejšo opremo in tehnologijo.
- Potrudijo se za vsako malenkost, da je izkušnja pacienta na najvišji ravni.
- Direktor za gostoljubje - izboljšava dobrega počutja pacientom in osebja





Očala navidezne realnosti

- Potencial uporabe na številnih področjih - fizioterapija rame.





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Očala obogatene resničnosti

- poenostavitev in olajšanje operativnega dela kirurga





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Obisk Romaina Grosjeana





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Obisk Romaina Grosjeana





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Surfanje na Ženevskem jezeru





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Cilji?



Doseženi cilji

- 1. CILJ: Teoretično in praktično izpopolnjevanje = 1000 pacientov pregledanih, 200 asistiranih operativnih posegov
- 2. CILJ: 1 članek/teden = 16 člankov



Članki

- Can Lateralization of Reverse Shoulder Arthroplasty Improve External Rotation in Patients Who Have Fatty Infiltration in Infraspinatus and Teres Minor
- Capsulo-labral reconstruction during the open Latarjet procedure
- Mechanical complications and fractures after Reverse shoulder arthroplasty related to different design types and their rates. Part I.
- Radiological changes and other complications after Reverse shoulder arthroplasty related to different design types and their rates. Part II.
- Dynamic anterior stabilization with a minimum two-year follow-up
- Arthroscopic rotator cuff repair: Is healing enough?
- Long Head of Biceps Tenotomy in Rotator Cuff Repair: Short term clinical outcomes after 1 year follow-up
- The Digitation sign
- Primary or Revision Reverse Shoulder Arthroplasty With Bony and Metallic versus Standard Bony Reconstruction for Severe Glenoid Bone Loss. A Retrospective Comparative Cohort Study.
- How to manage glenoid E3 and E4
- Inlay versus flushlay versus onlay in reverse shoulder prosthesis
- Novel surgical treatment of an excessive medial clavicle resection
- Arthroscopic arthrolysis and debridement vs hemiarthroplasty in patients with GH arthrosis younger than 50 years old
- Arthroscopic management vs hemiarthroplasty in patients with glenohumeral arthrosis younger than 50 years old
- Multidirectional Instability of the Shoulder. A systematic review with a novel classification.
- Muscle edema and fatty infiltration in traumatic rotator cuff tears



Zaključek:



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- Ena izmed najboljših izkušenj mojega življenja

