

EFORT Spring Travelling Fellowship

Estonia
from 12 to 18 May 2019

www.efort.org



Welcome to Estonia!

Dear Fellow,

The EFORT Travelling Fellowships are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship in spring 2019 will be held in Estonia. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The scientific programme of the fellowship will be organised in the cities of Tartu and Tallinn:

- **Tartu**, 12 to 14 May 2019
- **Tallinn**, 15 to 18 May 2019

We wish you a very pleasant and interesting experience in Estonia.

On behalf of the organising Society ETOS,

Dr. Katre Maasalu

President of the Estonian Orthopaedic Society

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Useful information and preliminary programme

Sunday, 12 May	Individual arrivals to Estonia!		
	Arrival to Tallinn Airport		
<u>N.B. from ETOS:</u> We recommend using morning flights.			
Direct busses from airport to Tartu every 30 minutes (tickets and schedule www.tpilet.ee)			
	19.00	Get together (optional)	

Monday, 13 May	9.00-09.10	Welcome	Katre Maasalu, President Estonian Orthopaedic Society and Aare Märtson, Head of Clinic of Traumatology and Orthopaedics, University of Tartu
	09.10-12.30	Presentations travelling fellows about themselves, their country, national Association, interests and experiences	10-15 min/each
Tartu University Hospital	12.30-13.30	Lunch	
	13.30-17.00	Arthroplastic surgery	Moderators: Prof. Aare Märtson Dr. Alo Rull Dr. Kaspar Tootsi
	17.30	South-Estonia tour	
	19.00	Sauna	

Tuesday, 14 May 2019	9.00-11.00	Tumors	Moderator Prof. Aare Märtson
Tartu University Hospital	11.30-12.00	Coffee break	
	11.30-13.00	Rare bone metabolic diseases	Moderator Ass.prof Katre Maasalu
	13.00-14.00	Lunch	
		Visit to Estonian National Museum	https://www.erm.ee/en
	19.00	Dinner at Estonian National Museum	

Wednesday, 15 May	Exact time tbc	Transfer to Tallinn	
North Estonian Regional Hospital	10.00	Welcome Introduction of the hospital	Moderator Prof. Peep Talving
		Trauma Presentations	
	13.00	Lunch	
	14.00	Presentations	
	19.00	Dinner	

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Thursday, 16 May	9.00-09.30	Welcome Introduction of the hospital	Moderator Dr. Andres Kõöp
East Tallinn Central Hospital	09.30-11.00	Spine Presentations	Moderator Dr. Taavi Toomela
	11.30-12.00	Coffee break	
	11.30-13.00	Presentations, surgeries	
	13.00-14.00	Lunch	
	14.00-17.00	Presentations, surgeries	
		Free programme	

Friday, 17 May	09.00	Visit to the East Tallinn Central Hospital	
	Afternoon	Sightseeing	Organised by the East Tallinn Central Hospital
		Tallinn and North-Estonia	
	19.00	Dinner	All speakers

Saturday, 18 May	Individual departures from Tallinn, Estonia		
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PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule so that the hotel bookings can be arranged accordingly.

A more detailed programme and all information about accommodation, transfers, etc. will be provided through the hosting society at a later stage.